

Seminar
**Creative Dance Movement as a
Person-centred Approach for
Persons with Dementia**

Creative Dance Movement is an effective tool to create a person-centred activity and environment for persons with dementia.

The seminar will focus on the concept of person-centred care, which promotes a culture of care that underpin every interaction we engage with people living with dementia.

Distinguished Speakers:

Dr. Heather Hill, Consultant and Dance Movement Educator

Dr. Felicia Low, Founding Director,
Community Cultural Development (Singapore)

Elain Koh, Principal Occupational Therapist
Changi General Hospital

Event details

25 January 2019, Friday | 9:30am to 12.00pm
(Registration starts at 9am)

Venue:

Community Training Institute @
Kwong Wai Shiu Hospital, Multi-Purpose Hall, Level 2,
705 Serangoon Road, Singapore 328127

Admission is complimentary; on a first-come, first-served basis.
Register by 18 January 2019 via <https://creative-dance-movement.Eventbrite.com>
Password for registration : CDM2018
For enquiries, contact us at professional_trg@alz.org.sg.

Organised by:



Supporting partners:



Seminar: Creative Dance Movement as a Person-centred Approach for Persons with Dementia

The Seminar

“There are just no words to impart the measureless sense of joy, the love of life, the enchantment with existence that envelops the dancing human”

(Trudi Schoop, U.S. dance movement therapy pioneer, 1974).

Creative Dance Movement is an effective tool to create a person-centred activity and environment for persons with dementia.

Dance is often seen as an activity restricted to people who are “dancers” and are probably young and fit. One might wonder, in what way dance can be relevant to older people, particularly for persons with dementia?

The theme proposes that dance represents a basic and universal human activity of expression and communication. Through dance, persons with dementia who may struggle with their sense of self-worth and their ability to communicate with others, can discover new ways of interaction.

The seminar will focus on the concept of person-centred care, which is not about any one approach, technique or activity.

The Speakers

Dr. Heather Hill, Consultant & Dance Movement Educator
PhD, M.Ed., B.A., Grad.Cert. Dance Therapy, Grad.Dip Movement & Dance



Dr. Hill has 33 years of experience on dance movement therapy job for persons with dementia.

In 1994, she completed a master’s thesis on the experience of dance movement therapy for persons with dementia. Having discovered the concept of person-centred care, she went on to doctoral studies in person-centred care in dementia. She has written numerous articles and book chapters on dance movement therapy with people with dementia, and two books for support staff on developing a creative dance/movement programme with people with dementia: “Invitation to the Dance” (U.K.pub) and Dance Communication (Japan pub).

She believes that dance is more than just a “diversion”. It embodies the principles of person-centred practice and can make a significant difference to the quality of life of persons with dementia.

As a senior in her field, she is keen to draw on her experience in the dance and person-centred fields to develop and collaborate on innovative programmes.

Dr. Felicia Low, Founding Director, Community Cultural Development (Singapore)

Dr. Low has been a practicing visual artist since 1999. Her projects have mostly been site-specific, performative and community-specific as she works collaboratively with different sectors of society.



A Lee Kong Chien scholar of the National University of Singapore, Dr. Low obtained a PhD in Cultural Studies in Asia in 2015.

Her research focused on the politics of participatory visual art practices with subaltern communities in Singapore. She is also the founding director of a not-for-profit organisation, Community Cultural Development (Singapore), which aims to provide a critical discursive platform for artistic practices that engage with communities in the region.

She was the recipient of the Outstanding Youth In Education Award 2005 and was selected for the President’s Young Talent Show 2009 organised by the Singapore Art Museum. She is also an associate lecturer with the Singapore University of Social Sciences (BA in Art Education & Psychology/Arts Management) and is a certified teacher of Anthropology (International Baccalaureate Diploma Programme).

Website: www.ccd.sg / www.personcenteredarts.com

Elain Koh Wei Ling, Principal Occupational Therapist, Changi General Hospital MClinRehab, BAppSc(OT), OTR/L



Her clinical experience spans across the care continuum from acute to community-based interventions for elderly with medical, neurological and/or mental health conditions. She has completed her postgraduate training in clinical rehabilitation, focusing on management of neurodegenerative conditions.

She is actively involved in the provision of training and support of occupational therapists, as well as care staff in the community.